

Heart Mini Health & Fitness Expo and Heart Mini are great successes this year

Thank you to team captains, participants and volunteers!

Mercy Health was proud to be the top corporate sponsor of the Heart Mini 39 this year. The excitement started Saturday, March 12 at the Heart Mini Health & Fitness Expo, where more than 14,000 participants picked up their race packets and engaged in fun activities for all ages.

On Sunday, March 13, more than 27,500 participants representing 200 companies supported the Heart Mini. It is Greater Cincinnati's largest single-day fundraiser and has been a hometown favorite for 39 years! It is the 5th largest

of all of the American Heart Association fundraising events held across the United States. This year's event grossed more than \$3.1 million for heart and stroke research.

As in past years, Mercy Health was the biggest fundraiser for the event and had the most participation of any company. We raised more than \$310,000 (\$60,000 more than last year), had 200 teams and 3,341 participants. Congratulations everyone!



LEFT: Heart Mini race day brings out the smiles in everyone! RIGHT: Mercy Health president & CEO John Starcher was the Heart Mini's community chair this year. Next year, Cincinnati region CEO Mike Garfield will take on the job.



Mercy Health Heart Institute West showed off its team spirit in support of the Heart Mini.



The West Hospital Run for Greatness team was comprised of doctors, nurses and representatives from administration, pharmacy, infusion, wound care, physical therapy and occupational therapy.



The team from West Hospital enabled four area boys with disabilities to participate in the 5K race at the Heart Mini.